



THE GRAND RESERVE
AT MAITLAND PARK

1939 Grand Isle Circle
Orlando, FL 32810
407.660.0663
www.grandreserveatmaitland.com

Renew Early

We hope you love living here as much as we love having you. If you are within your last 30 days of your lease, please come to the office and renew. Avoid all the trouble and inconvenience of moving. Renew your lease and stay here at home.

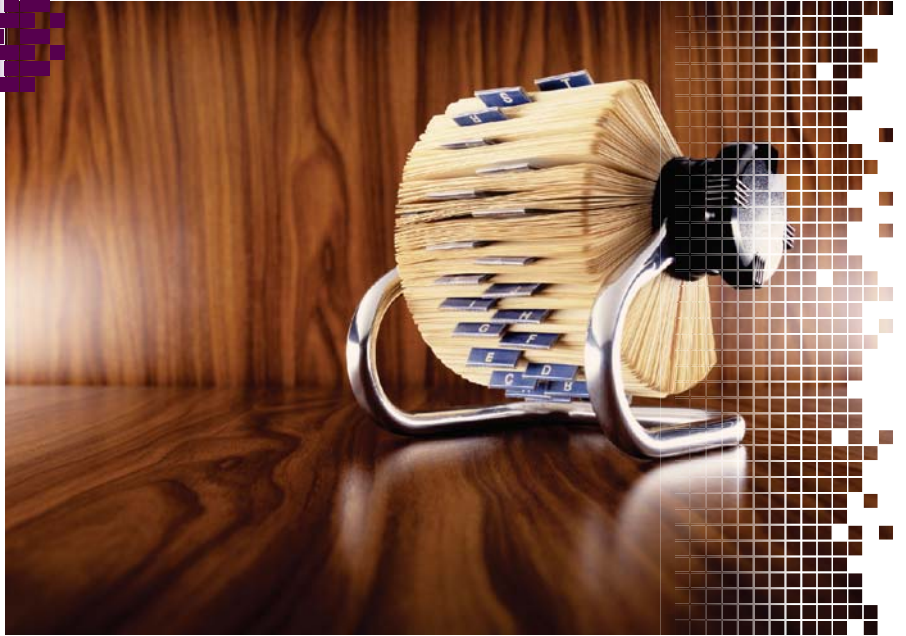
Money Tip

If you have debt you need to pay off, make a commitment to use at least half of any new raises, bonuses, tax refunds, or any other sources of additional income to pay down your debt. Don't try to use all of these funds, as you need to have some fun with your extra money. But a firm commitment to use most of it will help you tackle your debt, while still giving yourself a reward for a job well done. This is especially important if the debt is of the high interest variety.

COMMUNITY NEWS

Give us Your Digits

Has your phone number changed since you moved in? Do we have your correct email address? It's best that we have the latest information available to get in touch with you in case of emergency, or for that matter, for any reason. Maybe we have a package for you, or someone stopped by and left a message with us for you. Don't let us call outdated phone numbers or send mail to email addresses that are no longer valid. Please give us your updated information. It makes it that much easier to serve you properly.



Cooking with Kids

What's one of the best ways to spend time with your kids? Cook with them. The joy of cooking can start at an early age, and cooking with your child teaches valuable life lessons that will help them in their developmental years, and on into the real world. You can start off with something as simple as baking a batch of cookies, or frying hamburgers. The trick is to make something that they will like. In the

process, they'll learn timing and measurement, correct and safe use of kitchen utensils and instruments, healthy eating habits, and develop creativity and self esteem. Start them early, and they'll thank you in the long run. Who knows? Your child may grow up to be the next Wolfgang Puck.

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Meet the Staff

Manager: Lucy Montalvo
Assistant Manager: Sonia Barrera
Leasing Consultants: Abra Patterson,
Theresa Gonzalez & Francika Marku

Leasing Center Hours: Monday - Thursday 9:00 am - 6:00 pm; Friday - Saturday 9:00 am - 6:00 pm; Sunday 11:00 am - 5:00 pm

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*All offers subject to change.

Avoid Succumbing to Cold and Flu Season



Winter's arrival coincides with the arrival of other things as well. Snow days from school. Weekends spent skiing and snowboarding with family and friends.

While each of those things is something to look forward to, one thing also synonymous with winter is never welcomed with open arms. Cold and flu season impacts nearly every household each winter, forcing kids and adults alike to put life on hold as they rest and recover. To many people, flu shots are enough to keep them going strong through cold and flu season, but not everyone has access to flu shots. Even those who do might still get colds if they don't take steps to stay healthy when the mercury drops. This winter, people wanting to avoid the worst of cold and flu season can take several precautions to reduce their risks of getting a cold or the flu.

Addressing Attire

Winter weather should never catch adults or children offguard with regards to their wardrobe. Once cold weather arrives, dress appropriately whenever leaving the home to reduce the risk of cold and flu. Appropriate attire includes wearing outdoor clothing, such as winter coats, scarves, gloves or mittens, and wool ski hats. Those who live in areas with heavy snowfall should also wear waterproof boots whenever going outside. It's also important to dress in layers throughout the winter. Doing so provides extra insulation, and layers trap air effectively, ensuring that all that warm air produced by your body won't escape but will stick around and keep you warm.

Prepare for Emergencies

If a winter weather emergency arrives, cold and flu won't shut down and stop working just because schools close or power outages

occur. In fact, during an emergency the chances are strong that families will be stuck inside for extended periods of time. When locked indoors for long periods of time, cold and flu viruses can spread easily. Men and women should prepare for such a scenario by having an air filter on hand to ensure air quality remains clean and healthy. In addition, stock up on items such as soup or cold and cough medicine to ensure that anyone who succumbs to cold and flu during a weather emergency will have remedies at their disposal should they be confined to the home.

Parents of infant children should keep extra formula and diapers on hand and be sure there are extra batteries around the house should the power go out. For infants on medication, consult the child's physician before cold and flu season and devise a plan of caring for a sick child should a weather emergency occur.

Get Outside and Exercise

Staying indoors all winter might seem like a great way to avoid cold and flu, but it might actually make adults and children more susceptible. Staying indoors could be trapping you indoors with stagnant air where cold and flu germs are floating around. Stay inside during weather emergencies, but be sure to get outside in the fresh air and exercise when the weather allows. Regularly working out boosts the body's immune system, which helps ward off cold and flu.

Sudoku and Word Game for Kids: Words in Words

		1	6				4
	7		4	9		2	
						6	7
	2		9				7
	1	9				5	8
5					2		9
3	8	5					
		4		8	3		5
	6			9	7		

Word Games for Kids: Words in Words

You can sometimes make words using the letters in a larger word. For example, from the word "tube" you can make "be," "bet," "but," and "tub." Now onto a harder one: how many words can you make from the word "heart?" (Hint: we found 27.)

Answers

a, ah, are, art, at, ate, ear, earth, eat, era, hare, hart, hate, hate, hear, heart, heat, her, rat, rate, tar, tare, tea, tear, the

"If people concentrated on the really important things in life, there'd be a shortage of fishing poles."

- Doug Larson

1	6	2	5	4	9	7	3
7	9	4	2	8	3	1	5
3	8	5	7	1	6	9	2
5	3	7	8	6	2	4	9
6	1	9	3	7	4	5	8
4	2	8	9	5	1	3	6
9	4	3	1	2	8	6	7
8	7	6	4	9	5	2	1
2	5	1	6	3	7	8	4